



STRATEGIC PARTNERS

# FIT GUIDES & SIZE CHARTS





STRATEGIC PARTNERS

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♥ heartsoul ♥

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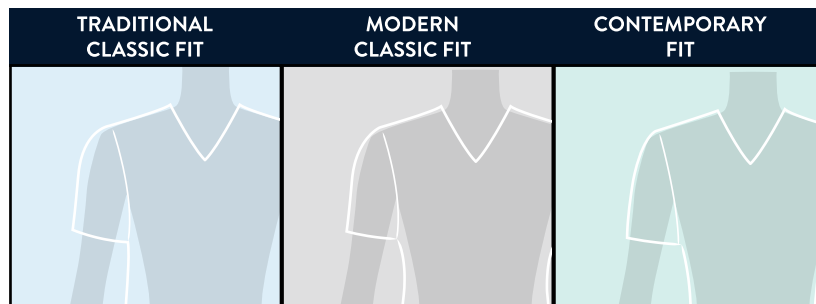
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# Garment Fit Guide: Women

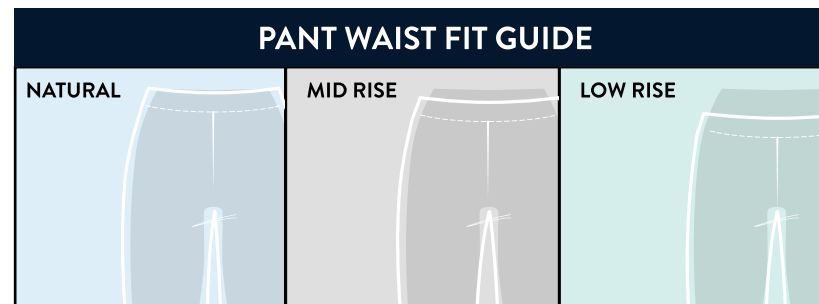
CHEROKEE<sup>®</sup>  
— MEDICAL —  
UNIFORMS



Cut for maximum comfort

Contours the body with ease

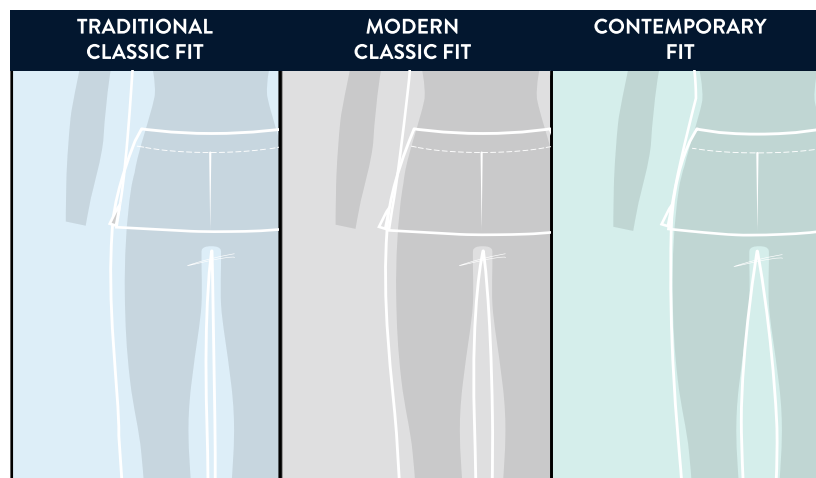
Contoured to your curves



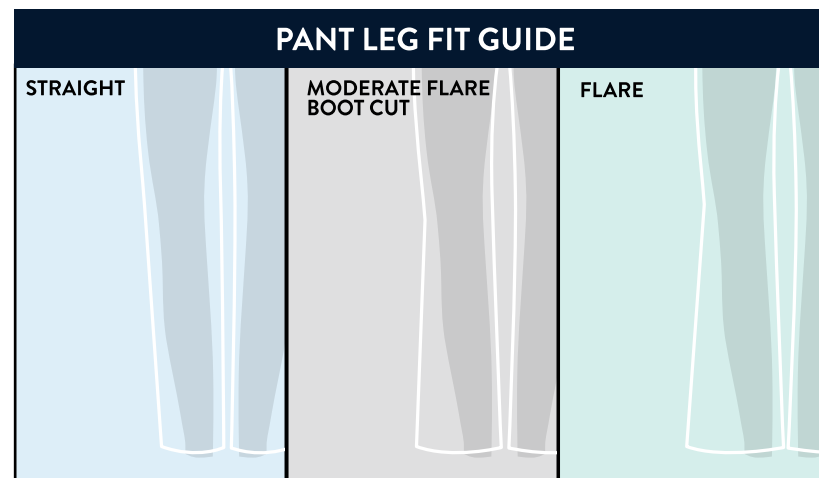
At the waist or slightly above

Slightly below the waist

Below the waist



Rises and leg shape vary by style



Falls straight from the knee  
to leg opening

Widens slightly from the knee  
to leg opening

Flares from the knee  
to leg opening

# Size Chart: Women

**CHEROKEE**  
— MEDICAL —  
UNIFORMS

All measurements are in inches.



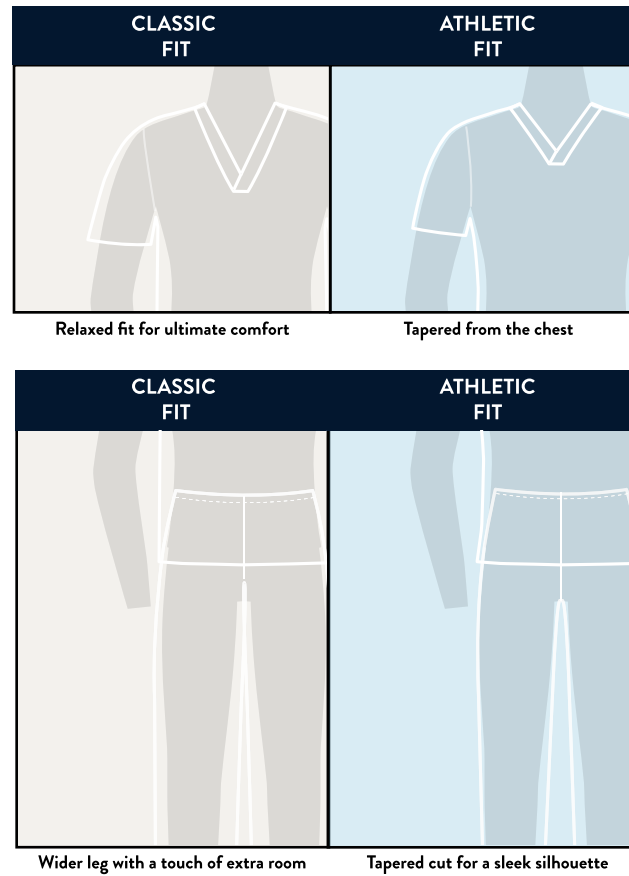
Traditional Classic Fit/Modern Classic Fit/Contemporary Fit/Maternity

	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57
<b>4XL</b>	30-32	56-59	48-51	58-61
<b>5XL</b>	34-36	60-63	52-55	62-65
<b>Inseam:</b>	Regular: 30	Petite: 27½ - 28½	Tall: 33-34	

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Garment Fit Guide: Men & Unisex

CHEROKEE<sup>®</sup>  
— MEDICAL —  
UNIFORMS



# Size Chart: Men & Unisex

CHEROKEE  
— MEDICAL —  
UNIFORMS

All measurements are in inches.



CHEST

WAIST

HIPS

INSEAM

Measure under the arms around the fullest part of the bust/chest.

Measure under the natural waistline, loosely holding the tape measure.

Standing with feet together, measure around the fullest part of the hips.

Measure along the inside of the leg, from just below the crotch to 1" below the ankle.

## Classic Fit/ Athletic Fit

	Chest	Waist	Hip
<b>XXS</b>	29-31	22-24	29-31
<b>XS</b>	32-34	25-26	32-34
<b>S</b>	35-37	28-30	35-37
<b>M</b>	38-40	31-33	38-40
<b>L</b>	41-44	34-37	41-44
<b>XL</b>	45-48	38-41	45-48
<b>2XL</b>	49-52	42-45	49-52
<b>3XL</b>	53-56	46-49	53-56
<b>4XL</b>	57-60	50-53	57-60
<b>5XL</b>	61-64	54-57	61-64

**Inseam:** Short: 29-30 Regular: 31-32 Tall: 34-35  
Ultra Tall (Unhemmed): 36

## Kids

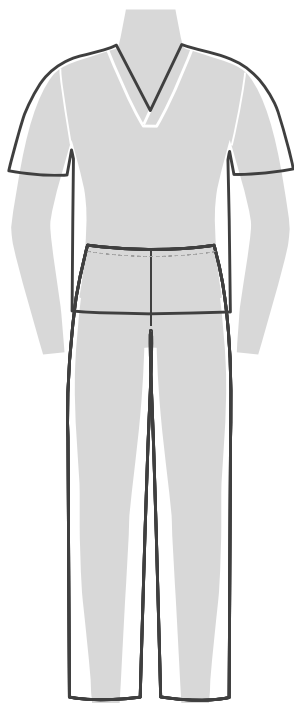
	Age	Chest	Waist	Hip
<b>S</b>	2-5	23-25	21-23	23-25
<b>M</b>	6-8	26-29	24-27	26-29
<b>L</b>	9-11	30-32½	28-30½	30-32½

**Inseam:** Small: 14½ Medium: 19 Large: 23

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Garment Fit Guide: Men & Women

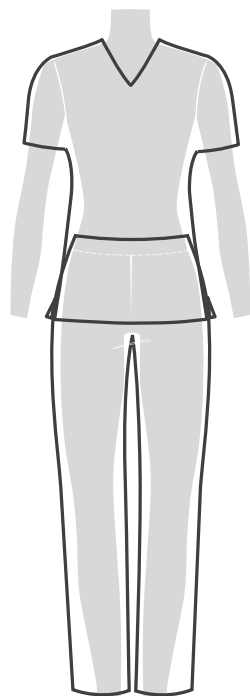
MEN



**CLASSIC FIT**

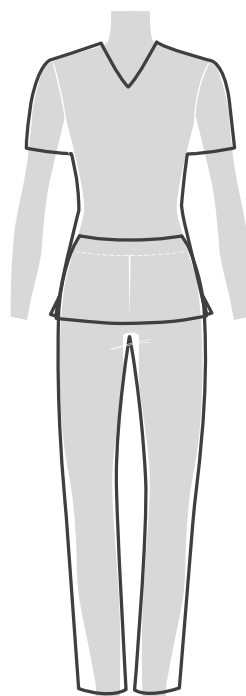
Generously cut for maximum comfort

WOMEN



**MODERN CLASSIC FIT**

Contours the body with ease



**CONTEMPORARY FIT**

Contoured to your curves

NATURAL



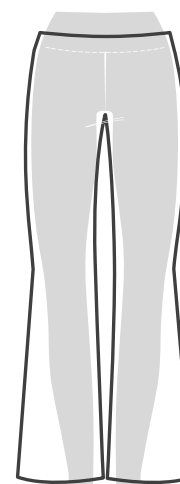
**STRAIGHT**

MID RISE



**MODERATE FLARE**

LOW RISE



**FLARE**

## Size Chart: Women

All measurements are in inches.



	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57
<b>4XL</b>	30-32	56-59	48-51	58-61
<b>5XL</b>	34-36	60-63	52-55	62-65
<b>Inseam:</b>	Petite: 28	Regular: 30½	Tall: 33½	

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
 If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.



# Size Chart: Men & Unisex



All measurements are in inches.



## Men

	Chest	Waist	Hip
<b>XS</b>	33-35	24-26	33-35
<b>S</b>	36-38	27-29	36-38
<b>M</b>	39-41	30-32	39-41
<b>L</b>	42-45	33-36	42-45
<b>XL</b>	46-49	37-40	46-49
<b>2XL</b>	50-53	41-44	50-53
<b>3XL</b>	54-57	45-48	54-57
<b>4XL</b>	58-61	49-52	58-61
<b>5XL</b>	62-65	53-57	62-65

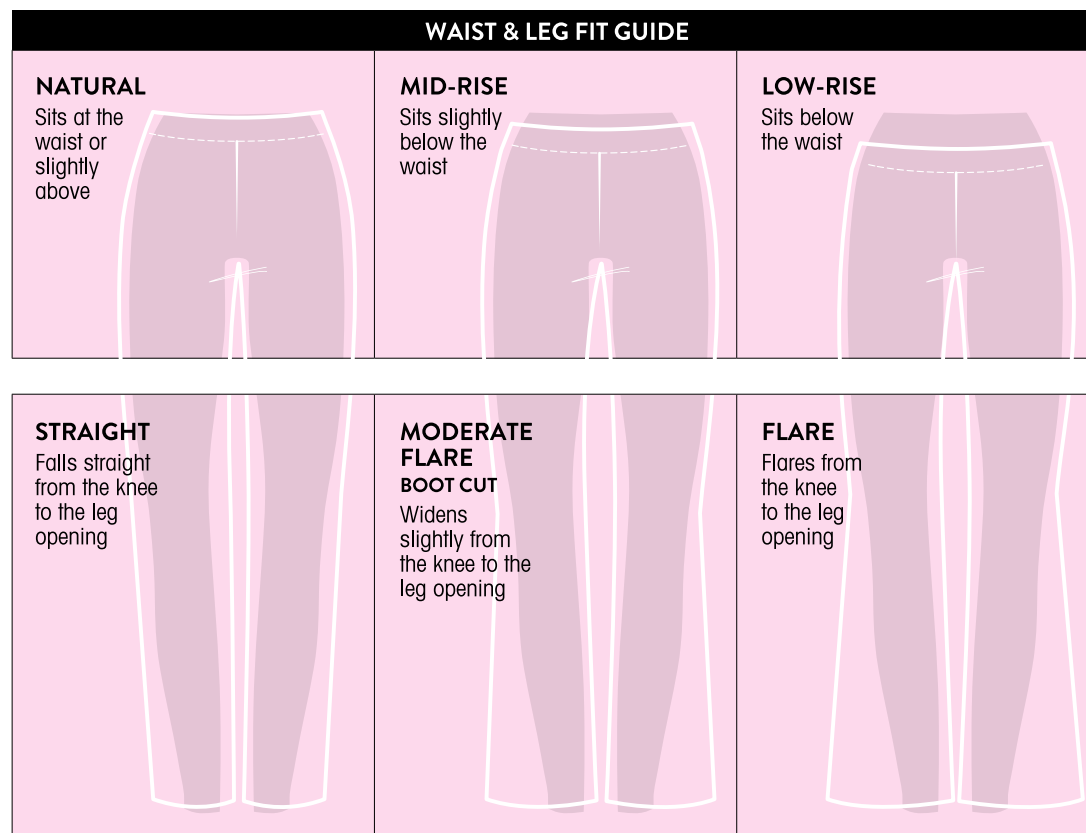
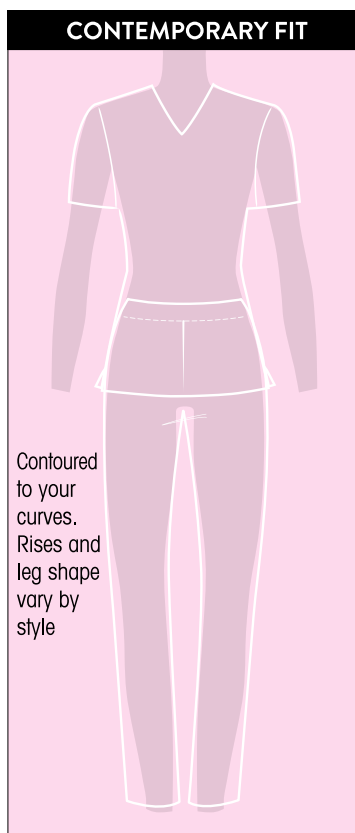
**Inseam:** Regular: 32 Tall: 35

## Unisex

	Size	Chest	Waist	Hip
<b>XS</b>	2-4	33-34	25-26	34-35
<b>S</b>	6-8	35-37	27-29	36-38
<b>M</b>	10-12	38-40	30-32	39-41
<b>L</b>	14-16	41-44	33-36	42-45
<b>XL</b>	18-20	45-48	37-40	46-49
<b>2XL</b>	22-24	49-52	41-44	50-53
<b>3XL</b>	26-28	53-56	45-48	54-57
<b>4XL</b>	30-32	57-60	49-52	58-61
<b>5XL</b>	34-36	61-64	53-57	62-65

**Inseam:** Regular: 31 Short: 28½ Tall: 34

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.



## Size Chart

♥ heartsoul ♥

All measurements are in inches.

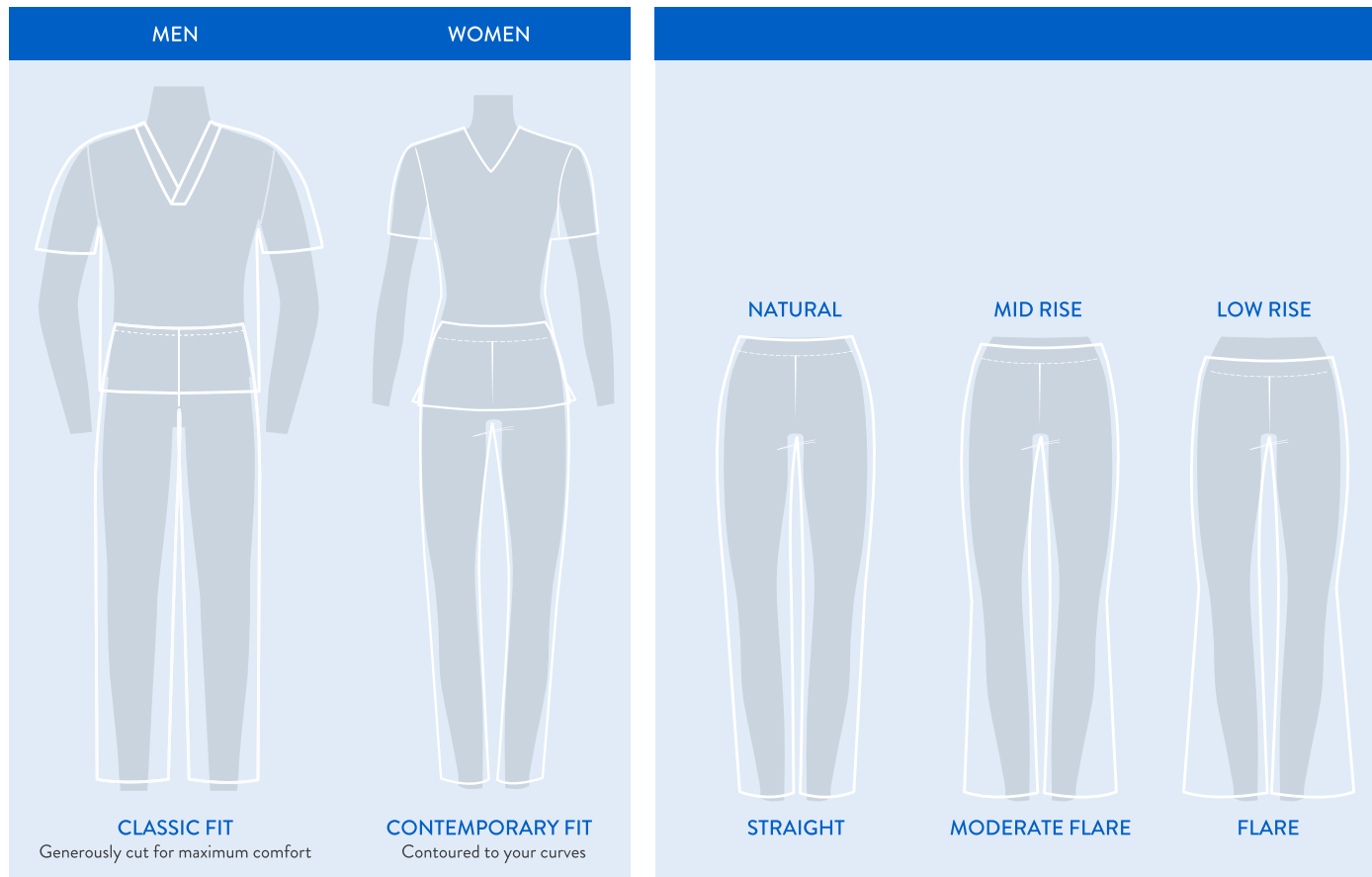


	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57
<b>4XL</b>	30-32	56-59	48-51	58-61
<b>5XL</b>	34-36	60-63	52-55	62-65

**Inseam:** Regular: 30 ½      Petite: 28      Tall: 33 ½

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Garment Fit Guide: Men & Women



## Size Chart: Women

All measurements are in inches.



**BUST**

Measure under the arms around the fullest part of the bust/chest.

**WAIST**

Measure under the natural waistline, loosely holding the tape measure.

**HIPS**

Standing with feet together, measure around the fullest part of the hips.

**INSEAM**

Measure along the inside of the leg, from just below the crotch to 1" below the ankle.

### Contemporary Fit

	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57
<b>4XL</b>	30-32	56-59	48-51	58-61
<b>5XL</b>	34-36	60-63	52-55	62-65

**Inseam:** Regular: 30-31      Petite: 27 - 28      Tall: 33-34

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Size Chart: Men/Unisex



All measurements are in inches.



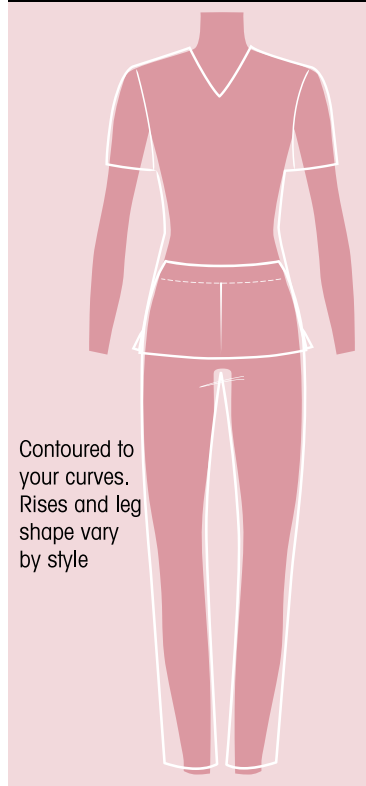
	Chest	Waist	Hip
XXS	29-31	22-24	29-31
XS	32-34	25-27	32-34
S	35-37	28-30	35-37
M	38-40	31-33	38-40
L	41-44	34-37	41-44
XL	45-48	38-41	45-48
2XL	49-52	42-45	49-52
3XL	53-56	46-49	53-56
4XL	57-60	50-53	57-60
5XL	61-64	54-57	61-64

**Inseam:** Short: 29 - 30 Regular: 31  
Tall: 34-35

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Garment Fit Guide: Women

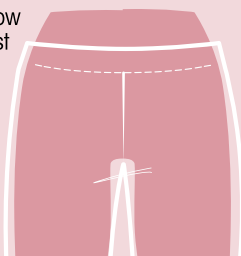
### CONTEMPORARY FIT



### PANT WAIST FIT

#### LOW-RISE

Sits below the waist



### PANT LEG FIT

#### STRAIGHT

Falls straight from the knee to the leg opening



## Size Chart: Women

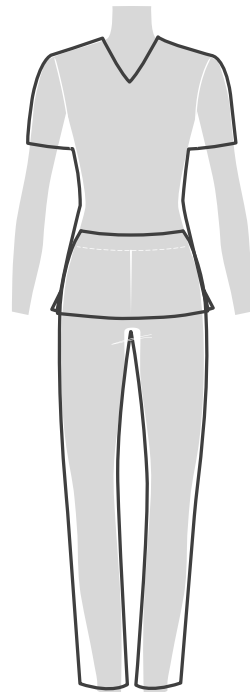


	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57
<b>4XL</b>	30-32	56-59	48-51	58-61
<b>5XL</b>	34-36	60-63	52-55	62-65
<b>Inseam:</b>	Regular: 30	Petite: 27½ - 28½	Tall: 33-34	

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

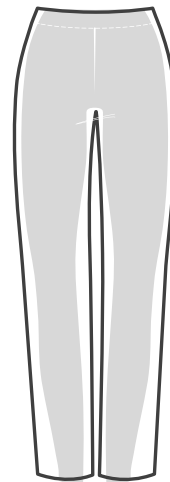


## Garment Fit Guide: Women



**CONTEMPORARY FIT**  
Contoured to your curves

**NATURAL**



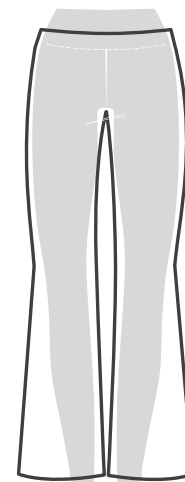
**STRAIGHT**

**MID RISE**



**MODERATE FLARE**

**LOW RISE**



**FLARE**

## Size Chart: Women



All measurements are in inches.



	Size	Bust	Waist	Hip
<b>XXS</b>	0	31-32	23-24	33-34
<b>XS</b>	2-4	33-34	25-26	35-36
<b>S</b>	6-8	35-36	27-28	37-38
<b>M</b>	10-12	37-39	29-31	39-41
<b>L</b>	14-16	40-43	32-35	42-45
<b>XL</b>	18-20	44-47	36-39	46-49
<b>2XL</b>	22-24	48-51	40-43	50-53
<b>3XL</b>	26-28	52-55	44-47	54-57

**Inseam:** Petite: 28      Regular: 30½      Tall: 33½

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit. If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

## Size Chart: Women & Men/Unisex



All measurements are in inches.

### Women

	Chest	Waist	Hip
<b>XS</b>	33-35	24-26	33-35
<b>S</b>	36-38	27-29	36-38
<b>M</b>	39-41	30-32	39-41
<b>L</b>	42-45	33-36	42-45
<b>XL</b>	46-49	37-40	46-49
<b>2XL</b>	50-53	41-44	50-53
<b>3XL</b>	54-57	45-48	54-57
<b>4XL</b>	58-61	49-52	58-61
<b>5XL</b>	62-65	53-57	62-65

**Inseam:** Regular: 32 Tall: 35

### Men/Unisex

	Chest	Waist	Hip
<b>XS</b>	33-35	24-26	33-35
<b>S</b>	36-38	27-29	36-38
<b>M</b>	39-41	30-32	39-41
<b>L</b>	42-45	33-36	42-45
<b>XL</b>	46-49	37-40	46-49
<b>2XL</b>	50-53	41-44	50-53
<b>3XL</b>	54-57	45-48	54-57
<b>4XL</b>	58-61	49-52	58-61
<b>5XL</b>	62-65	53-57	62-65

**Inseam:** Regular: 32 Tall: 35

Use this chart to determine your size. If one of your measurements is borderline between two sizes, order the smaller size for a tighter fit or larger for a looser fit.  
If your measurements for hips and waist correspond to two different suggested sizes, order the one indicated by your hip measurements.

# SPI Garment Fit Guide Matrix



## TRADITIONAL CLASSIC: Generously cut for maximum comfort.



## MODERN CLASSIC: Contours the body with ease.



## CONTEMPORARY: Contoured to your curves.



ESSENCE



Lab Coats



GENFLEX



X-TREME STRETCH



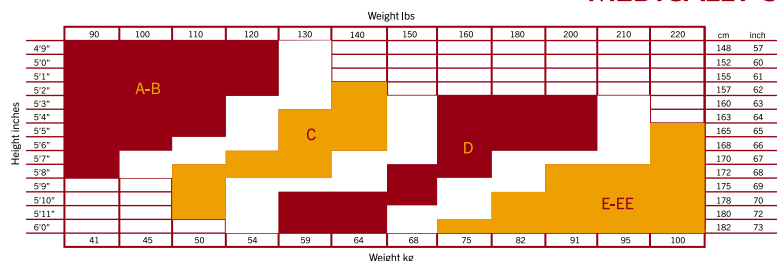
EVOLUTION NXT



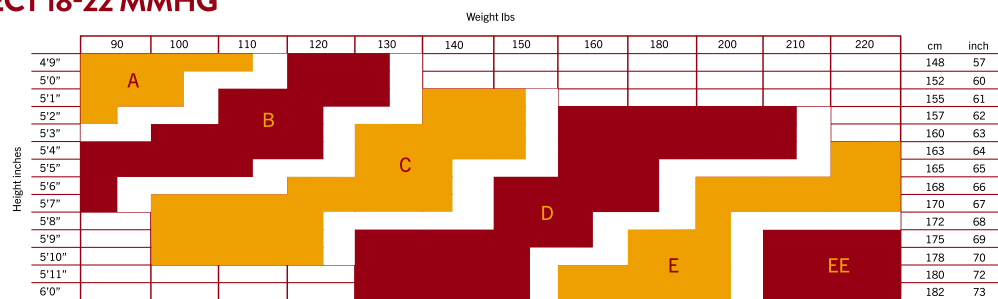
# Legwear Size Chart

**CHEROKEE**  
MEDICAL  
FOOTWEAR

## MEDICALLY CORRECT 18-22 MMHG

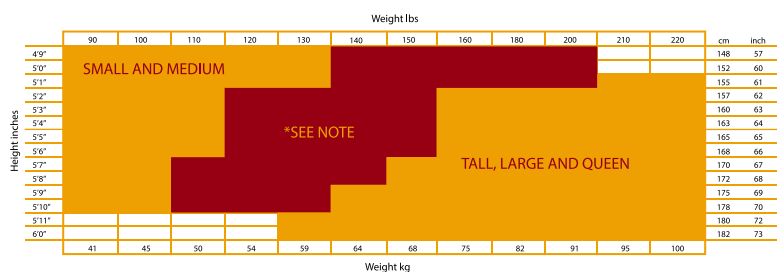


**KNEE-HIGH - 140 DEN**

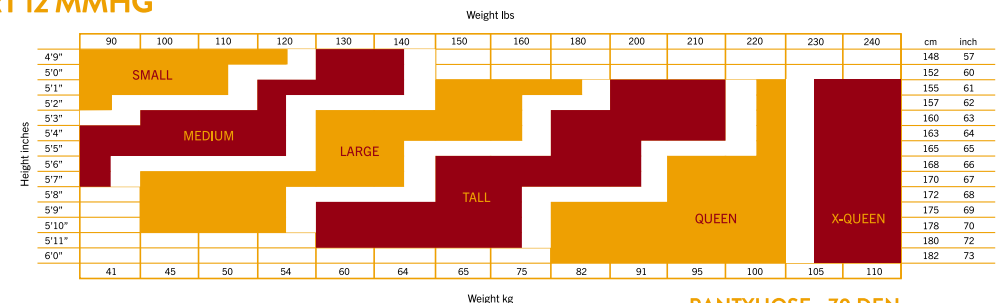


**PANTYHOSE - 140 DEN**

## TRUE SUPPORT 12 MMHG

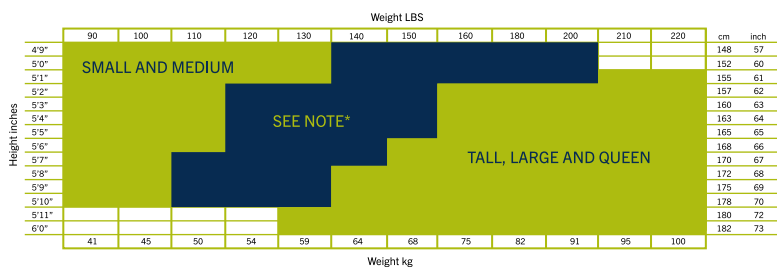


**KNEE-HIGH - 70 DEN**



**PANTYHOSE - 70 DEN**

## SHEER SUPPORT 8 MMHG



**PANTYHOSE - 50 DEN**

ANKLE SIZE

CALF SIZE

A	7"-8"	10"-13"
B	8"-9"	12"-15"
C	9"-10"	14"-17"
D	10"-11"	16"-19"
E	11"-12"	18"-21"

MEDISTOCK